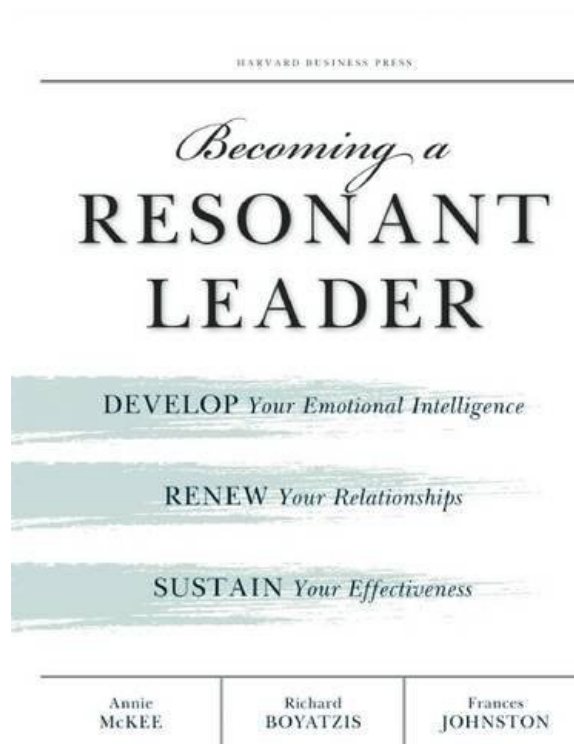


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Annie
McKEE

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About the Author

Annie McKee is co-founder of the Teleos Leadership Institute and teaches at the University of Pennsylvania Graduate School of Education. Richard Boyatzis is Professor in the Departments of Organizational Behavior and Psychology at Case Western Reserve University. Frances Johnston is co-founder of the Teleos Leadership Institute.

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BECOMING A RESONANT LEADER: DEVELOP YOUR EMOTIONAL INTELLIGENCE, RENEW YOUR RELATIONSHIPS, SUSTAIN YOUR EFFECTIVENESS BY ANNIE MCKEE, RIC PDF

What distinguishes great leaders? Exceptional leaders capture passion. They lead for real: from the heart, smart and focused on the future, and with a commitment to being their very best.

As Annie McKee and Richard Boyatzis have shown in their bestselling books *Primal Leadership* and *Resonant Leadership*, they create resonance with others. Through resonance, leaders become attuned to the needs and dreams of people they lead. They create conditions where people can excel. They sustain their effectiveness through renewal.

McKee, Boyatzis, and Frances Johnston share vivid, real-life stories illuminating how people can develop emotional intelligence, build resonance, and renew themselves. Reflecting twenty years of longitudinal research and practical wisdom with executives and leaders around the world, this new book is organized around a core of experience-tested exercises. These tools help you articulate your strengths and values, craft a plan for intentional change, and create resonance with others.

Practical and inspiring, *Becoming a Resonant Leader* is your hands-on guide to developing emotional intelligence, renewing and sustaining yourself and your relationships, and taking your leadership to a whole new level. This book is ideal for anyone seeking personal and professional development and for consultants, coaches, teachers, and faculty to use with their clients or students.

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- Published on: 2008-02-05
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- Number of items: 1
- Dimensions: 9.00" h x 7.25" w x .75" l, 1.18 pounds
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Features

- *Becoming a Resonant Leader Develop Your Emotional Intelligence Renew Your Relationships Sustain Your Effectiveness*

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Most helpful customer reviews

7 of 7 people found the following review helpful.

Personal Leadership Exercises at its Finest

By David J. Bradley, MBA

I read this book after reading Primal Leadership (Goleman), following Boyatzis fairly extensively, and studying various other leadership development resources. I have to say that this has been the best (maybe only) resource that has actually told you HOW to become a leader.

I found this book to overwhelmingly teach you HOW to be a leader, starting with yourself. What some may ignorantly believe after reading this book is that it teaches nothing about leadership, but only about reflecting on yourself. Let me explain:

Emotional Intelligence consists of four areas: Self-awareness, Social-awareness, Self-management and Relationship Management.

Self-awareness is the foundation of all areas. You must be self-aware before you can truly understand others (social awareness). You must be self-aware before you know what to manage in yourself. Finally, you need to have a good (not perfect) grasp of self-awareness, social-awareness and self-management if you expect to properly manage relationships.

Therefore, this book is a great tool because it is largely about self-discovery and self-management. With these elements, and through experimentation, practice, and general "living", you can become more socially aware. From there, relationships can build as well (which the book supports).

Finally, after you complete all of these exercises yourself, you are in a much better position to be a leader (of your own life, but also of others), and you can apply what you have learned to an organization/workplace. If you successfully complete the exercises, it will become clear how they can translate outside of just yourself and to others.

The book would receive 4 stars because it doesn't teach about "leadership theories", but those are just that: theories. They don't teach you the HOW about leadership, as this book does. I think it is important, beneficial, and interesting to study leadership theories, but nowhere near as important as the HOW that Resonant Leader provides.

0 of 0 people found the following review helpful.

Good book- please make sure to splurge for a new ...

By Atikah Osman

Good book- please make sure to splurge for a new copy so you can actually write in it, as there are several activities you want to complete. Having old user comments in the book is a distraction.

1 of 1 people found the following review helpful.

It was a great practical read that allowed you to really understand yourself ...

By MPB

It was a great practical read that allowed you to really understand yourself as a leader. The various exercises were excellent and allowed you to really search yourself to get a better understanding of yourself...

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